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Shaping Minds, One Page

# Parent-Teacher Journal


*Building Consistent Communication and Shared Growth*

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Shaping Minds, One Page at a Time

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### **Purpose of This Tool**

This journal is designed to strengthen the partnership between parents and teachers by providing a structured, ongoing space for shared reflection. Aligned with the Tricycle Model, it encourages consistent, purposeful communication that goes beyond reminders and academic updates — focusing instead on the child’s development across the cognitive, affective, and psychomotor domains.

It offers both parents and teachers a repeatable format to:

- Share observations and celebrate milestones
- Reflect on what is working (or not)
- Stay aligned in their goals and approaches

This isn’t just a communication log. It’s a relationship-building tool.

### **Background: Why Parent-Teacher Communication Needs a New Approach**

In many educational settings, communication between home and school is either:

- One-sided (mostly teacher-to-parent), or
- Transactional (limited to homework, grades, or concerns)

This means that:

- The parent’s observations and insights are often overlooked.
- The teacher’s challenges or adjustments are not always transparent.
- The child is supported in isolation, rather than through aligned collaboration.

But when reflection and communication are shared and structured, we create a clearer picture of the child’s strengths, needs, and learning journey. This is the vision behind the Parent-Teacher Journal — to make collaboration a habit, not an exception.

### **The Challenge We’re Solving**

Many parents and teachers care deeply — but struggle to stay aligned due to:

- Irregular or unclear communication
- No shared tool or reflection structure
- Lack of time for regular verbal updates
- Focus on academic performance over emotional/behavioural growth
- Inconsistency in support strategies across school and home

As a result, small issues go unnoticed, positive patterns are missed, and holistic development is delayed.

### **Our Solution: A Structured Journal for Real Connection**

This Parent-Teacher Journal bridges the gap with:

- A consistent, easy-to-use weekly or bi-weekly page format
- Reflective prompts aligned with the Tricycle Model principles:
  - Collaboration: Both parties share responsibility and voice
  - Inclusivity: Every insight matters — from school and home
  - Adaptability: Prompts support diverse learning, cultural contexts, and communication styles
  - Reflection: Each entry encourages review, not just reporting

#### **It includes:**

- Prompts for both teacher and parent
- Space for observations, questions, and follow-up actions
- Optional student input section (for older learners)
- Suggested usage across ECCE, Primary, and Secondary

### **Sample Template: Weekly Parent-Teacher Journal Page**

**Week of:** \_\_\_\_\_

**Student Name:** \_\_\_\_\_

**Age/Class:** \_\_\_\_\_

#### **Teacher's Reflection**

- What did the child respond well to this week?
- Any challenges observed in behaviour, focus, or peer interaction?
- Notable progress in any domain (Cognitive, Affective, Psychomotor)?
- Any areas where home support could reinforce learning?

#### **Parent's Reflection**

- What changes have we noticed at home this week (emotionally, socially, behaviourally)?



- Did the child mention anything about school experiences?
- Any strengths we're seeing at home that may support classroom progress?
- What can we share that might help the teacher understand the child's home context?

### Tricycle Model Reflections

Domain	Insight
Cognitive (Learning)	
Affective (Feelings)	
Psychomotor (Actions)	

### Optional: Student Voice (for ages 7+)

- What did I enjoy learning this week?
- What was hard for me and how did I handle it?
- One thing I want to improve next week is: \_\_\_\_\_

### Follow-Up or Next Steps

- Suggestions for home-school collaboration this week:
- Goals or focus area for next week:

### Implementation Tips

- Print Weekly or Share Digitally: Choose what works best for both parties (printed page or shared online file).
- Set a Schedule: Weekly or fortnightly is ideal. Decide on submission/response days.
- Model Respect and Encouragement: Use positive, honest language. This is about growth, not blame.
- Use for Meetings: These pages can become excellent anchors for parent-teacher meetings or support plans.
- Adapt for Age: For younger children, parents may use the student voice section reflectively.

**Checklist: Are We Using This Journal Effectively?**

Statement	Yes	Not Yet
Entries are completed regularly and respectfully	<input type="checkbox"/>	<input type="checkbox"/>
Both parties reflect across all 3 domains	<input type="checkbox"/>	<input type="checkbox"/>
Shared goals are agreed and recorded	<input type="checkbox"/>	<input type="checkbox"/>
Journal is used to prevent/react to challenges	<input type="checkbox"/>	<input type="checkbox"/>
The child's progress is clearly visible over time	<input type="checkbox"/>	<input type="checkbox"/>

**Conclusion: Shared Growth Begins with Shared Words**

This journal isn't just a space for updates — it's a space for understanding.

When parents and teachers reflect together, the child feels supported, seen, and safe. Learning becomes deeper. Struggles become growth moments. And progress becomes something the entire team celebrates — not just the school or home alone.

Make this journal your tool of alignment. Let it speak not just about the child — but with the child in mind, every step of the way.

**What's Next? Continue the Journey of Holistic Learning**

This tool is part of a growing collection of resources based on the Tricycle Model — supporting children through collaboration, communication, and care.

To explore our full book or CPD-accredited training opportunities:

**The Tricycle Model: A Holistic Approach to Education**

Available on Amazon

<https://mybook.to/tircyclewebsite>

**Right Vision Academy**

Courses, resources, and professional development for 21st-century educators and families

<https://rightvisionacademy.com>

**Download more tools:**

<https://faridasheikh.com/free-resources>

### Let's Hear from You

Did this journal help improve your communication or classroom strategies?

Do you have ideas for new tools we could develop?

We'd love to hear your feedback or even feature your testimonial.

**Reach out via:**

<https://faridasheikh.com/feedback>

**Or email:** [info@rightvisionacademy.com](mailto:info@rightvisionacademy.com)

### Share Your Story

If this Parent–Teacher Journal made a difference in your child's learning journey, let us know.

With your permission, we'd love to feature your story in future publications or workshops to inspire others on the same path.

Together, we can build stronger bridges — one entry at a time.

